

August
 2009
 Volume 31, Issue 8

COKER UNITED METHODIST CHURCH

The COKER COURIER

www.coker.org

IN THIS ISSUE:

From Finance & Trustees
Wurzbach Pkwy. Meeting
page 2

■ ■ ■
For Children
page 3

■ ■ ■
For Adults
page 4

■ ■ ■
Reaching Out
page 5

■ ■ ■
Music Notes
page 6

■ ■ ■
Fall Studies
pages 7 & 8

■ ■ ■
Stephen Ministers
Memorials
page 9

■ ■ ■
Health & Wellness
page 10

■ ■ ■
Worship & Prayer
Healing & Emmaus
page 11

■ ■ ■
August Calendar
page 12

■ ■ ■
Church Life
New Members
page 13

■ ■ ■
Student Ministries
page 14

Be Present

They called roll at the meeting. From various parts of the room, people answered, "Here" or "Present" or "Yes." I answered, "Here," but I wasn't. I was not really paying attention. I was not "present" in that room at that moment. My mind was a million miles away.

The United Methodist membership vows include a promise to faithfully participate in the ministries of the church by our prayers, presence, gifts, service and witness that in everything God may be glorified through Jesus Christ. "Presence" means more than just showing up. It is not enough to be physically present, but mentally absent. Presence demands our full attention.



To God

Presence in worship is not about us. Worship is about God. Our presence in worship opens us to the presence of God. Our presence in worship is a time to remember who God is, to remember who we are, and to remember **whose** we are. When we are present in worship, we can expect God to be present.

In August we celebrate the stewardship of presence as we transition from vacation time to the school-year routine. August is a great time to recommit to presence - in worship, in Sunday school, in Bible study, in small-group fellowship, in choosing a fall study opportunity, in the variety of ministries at Coker. Presence is part of a stewardship lifestyle. God has blessed us – as individuals and as a church. God has blessed us to share that blessing with others. Christian discipleship means practicing the presence of Christ in our daily lives. Christ's presence with us changes our presence in the world. Christ's presence in our lives enables us to be the presence of Christ to others. **Be present.**



To Others

News from Finance & Trustees



Midyear Finance Committee Update:

For 2009, the Church Council approved an operating budget of \$2,521,908 which reflects a \$207,602 deficit budget when compared to \$2,314,306 in projected receipts. Hopefully we will secure sufficient giving to have a balanced budget in 2009. Through June, income over expenses comes to \$38,656. Bill Waldrip, in his message to the Church Council, noted that this is due in large part to second mile giving that was received earlier in the year. As contingency options, we can access our reserve funds and/or fund less than 100% of our apportionments. The approved budget does not show using any of our reserve funds and does include paying 100% of our apportionments.

During the busy vacation season please remember to keep giving your pledge and gifts to Coker monthly. This is key to maintaining our cash flow requirements.

Thank you again for your pledges, gifts, continued service, and support to Coker. What you do makes a difference and is very important to carrying out the many ministries we all support at Coker.

Ralph Beck, Chair
Coker Finance Committee

From the Board of Trustees:

In May we provided information on access to West Avenue as part of Coker's long range Master Plan. You can find that article in the May issue of the Courier at www.coker.org. I am pleased to announce that we have received all necessary approvals and permits from the City and recently selected a contractor to construct the new entry and connecting driveway.

As we mentioned in our last message, it has not been necessary to request new funds for this project. Dollars for this work had been set aside more than a year ago. Before proceeding, however, we needed approval by the Finance Committee to utilize these funds and final authorization from the Leadership Council to proceed, which we received on July 14th.

I invite you to review the May article. It will refresh you on the importance of this project in the life of our church for many years to come. It's important to note this decision has not been made lightly, particularly in view of the difficult economic times in our area. A lot of hard work and careful thought went into making this decision to proceed with construction. Members of our staff, Trustees, Finance, and the Leadership Council worked together to make this happen for Coker and our future.

You can expect to see construction begin in the next few weeks, and the new driveway will provide another beneficial access to Coker property. Once work begins, total construction time is estimated to take three months and should not impede your present ability to enter the campus. May God add His blessings to our work and Coker's bright future.

Rick McManus, Chair
Board of Trustees

Wurzbach Parkway Public Meeting

Wurzbach Parkway
from Blanco Road to Wetmore Road
Public Meeting

Thursday, August 6, 2009
Coker UMC in the Sanctuary
Open House at 6:30 pm
Presentation at 7:00 pm



COKER UNITED METHODIST CHURCH

231 E. North Loop Rd.
San Antonio, TX 78216-1812
(210) 494-3455

FAX: 494-8537 www.coker.org
DIAL-A-PRAYER: 979-2654

Coker Day School: 494-5061
Mother's Day Out: 494-4481

Ministers

Senior Pastor
Pastor Barbara R. Galloway
ext. 261

Associate Pastors
Rev. Damon Relder, ext. 226
Rev. Dave Felps, ext 224
Rev. Joe Ed Lamb - Pastor of
Visitation, 490-9299

Minister of Music & Arts
Rev. Dave Collett, ext. 239

Program & Support Staff
**Director of Adult Education &
Fellowship**
Gail Hatcher, ext. 230

Director of Children's Ministries
Cheryl Kendall, ext. 227

Director of Student Ministries
Mary Anne Waldrip, ext. 269

Church Business Administrator
Jodie Sell, ext. 231

Admin. Asst. / Campus Coordinator
Sheri Halford, ext. 262

Pastors' Secretary
Sue Osborn, ext. 261

Membership Coordinator
Donna Emery, ext. 232

Communications Coordinator
Betty Sheaffer, ext. 233

Media Director
Jason Roe, 380-2423

Financial Administrator
Janice Gentry, ext. 222

Nursery Supervisor
ext. 245

For Children



That's right - August 23!

This is the day you've been waiting for all summer.

You can move on up to the next grade.

This will be your special day,

Do you want to share God's love with children? There are **Sunday opportunities** for you to do just that in Children's Ministries.

- Children's Church resumes September 13, and we are looking for teams of 3 to rotate for three Sundays a month
 - Helpers are needed for the 2 year old class
 - Shepherds and workstation leaders are needed for 1st-5th grade.
- Call Cheryl Kendall at 494-3455, ext. 227 to volunteer.



Learn more about GODLY PLAY!

If you are interested in or will be teaching or helping with Godly Play, this training is for you. Attend only 1 of these sessions.

Sunday, August 2 at 11:00 am
Tuesday, August 4 at 6:30 pm and
Wednesday, August 19 at 6:30
 Upstairs Bertha Jones 205

If childcare is needed for August 4 or 19, reservations are needed 48 hours in advance - 494-3455, ext. 245.



3rd Grade Bible Presentation
Sunday, August 30
11:00 am Worship in the Sanctuary

Give a Bible and share what the Bible means to you. If you are interested in making a donation and writing a personal letter to a 3rd grader about what the Bible means to you, please call Cheryl Kendall, 494-3455, ext. 227.

ACOLYTE TRAINING

For 3rd, 4th & 5th Graders

Sundays, August 23 & 30
 12:15 pm in the Sanctuary



Returning acolytes need to attend training for review and to help mentor new acolytes. Please call 494-3455, ext. 260 to sign up so we can have materials ready.

ACOLYTE DEDICATION
 Sunday, September 13 at all services

Thursday Summer Fun Days

"Where fearless kids shine God's light"
August 6 and 20

for kids entering kinder - 3rd grade
 Cost: \$10 per child per date, not to exceed \$25 per family per date. Limit is 25 children/each date. There are still a few spots open, so sign up soon! Pick up your registration form at the Children's Welcome Table on Sunday, church office, or online at www.coker.org.



Coker Day School has preschool openings for fall for children ages 3, 4 & 5 years old. Call Judy Garrett at 494-5061 for more information.

MOTHER'S DAY OUT NEWS:

Limited space is available for fall classes. Our new 12 month old class is beginning September 8. Call Terry Ueckert at 494-4481.

No Children's Church during the summer. Take this time to worship as a family.

REQUIRED CLASS for those working with children or youth

Child/Youth Safety Class
 Sunday, August 16
 12:30 pm in Gibbs 1106

If you have not yet attended this class and will be working with children or youth this fall, you must attend!

Please call Cheryl to register - 494-3455, ext. 227 or email cheryl.kendall@coker.org.

If childcare is needed, reservations are needed 48 hours in advance by calling 494-3455, ext. 245.



Check out **PARENT'S INFO**

at www.coker.org
 Go to **Children's Ministries**, then **Parent Information**

For Adults



United Methodist Women

Meetings

- **NO Sharing & Caring in August**
- **Executive Board** - Tue., Aug. 4 at 9:00 am in Wesley 802. Please notice the time change—important that everyone be at this meeting; will discuss Gathering of the Women, Cokerfest, and all fall activities
- **Faith & Hope** - Tue., Aug. 11 at 6:30 pm in Wesley 806
- **Quilters** - Thu., Aug. 13 & 27 at 1:00 pm in Wesley 805
- **Reflections** - Thu., Aug. 20 at 11:30 am; Raynel Lockard - Luncheon Hostess, 658-7958
- **J.O.Y.** - Tue., Aug. 25 - Back to School Brunch

Telephone Pray Line NEWS

If you have served on the Telephone Prayer line, please call 494-2772 (Denny Graham) or email at edg32131@aol.com, if you wish to continue as a prayee on three different weeks from October, 2009 to September, 2010. I will continue to remind you when your date comes up for sharing prayers on the telephone. Everyone has been great in contributing prayers. If you have email, I will send you the directions and schedule. Otherwise I will mail you, if you would give me your address. If your phone has changed, please let me know. If you cannot serve, please contact me as soon as you can.



Thank you, Denny Graham

Summer Bible Study Encore

The Wednesday afternoon Bible studies for Women will have additional presentations in August. Please join us any of the following Wednesdays from 12:30-2:00 pm in Wesley 802. Bring a brown-bag lunch at 12 noon, if you can. Each DVD presentation is a stand-alone message and is followed by a group discussion. No previous Bible study is necessary.

Date	Author	Topic
Aug. 5	Jill Briscoe	Ministry According to Jesus
Aug. 12	Joni Eareckson Tada	Living Beyond Your Circumstances
Aug. 19	Beverly LaHaye	Drawing Women Closer to the Heart of God
Aug. 26	Kay Arthur	A Marriage Without Regret



SAF & CALLL in August



Thursday, August 6 ... 11:30 am - 1:00 pm in Wesley 703

SENIOR ADULT FELLOWSHIP meets for their monthly Pot Luck Luncheon. Bring a dish to share and enjoy a program presented by Roddy Stinson, (aka the "Yard Dog") a retired investigative reporter for the San Antonio Express-News.

Friday, August 14 ... 9:45 am - 2:00 pm

Join CALLL for our annual trip to the IMAX to see "Deep Sea". Lunch on your own at the Menger Hotel. Show - \$7.25; bus \$2.00.

Friday, August 28 ... 9:30 am - 1:00 pm in Wesley 703

CALLL's Brown Bag Lunch/Games Day. Bring your lunch. Decaf coffee and water will be provided. We have a variety of games or bring your favorite. Sign up is not required. Just come and enjoy the fun.

You MUST make a reservation to go on tours or trips. Stop by the CALLL table on Sundays or call Margaret Griffin at 341-4080.

SAF-Senior Adult Fellowship

CALLL-Coker Adult Life-Long Learning



Promoting Men's Ministry at Coker

Upcoming August Events and Opportunities

- Every Monday in August - UMM breakfast and Bible study; 6:30 am in Wesley 703/704. Contact Tom Ellis at 490-5128 or tellsaia@aol.com.
- Saturday, August 29 - Angel Food Distribution. Contact Jack Collins at 408-1677 or collins_jack@sbcglobal.net

The Coker Colas co-ed softball team is looking for players **age 16 and up** for the fall season, on Tuesday nights beginning in September. Please contact Jason Roe at jason.roe@coker.org or 380-2423 for more information or to sign up. No experience required—only a desire to have fun!



Reaching out ...

August Mission Moment

Adult Mission Teams

Coker has generously supported adult mission teams with prayers, money, supplies, and encouragement. Whether you are able to go on a mission trip or help support the various adult mission teams, you are making life better for God's people and showing the love and care of Coker United Methodist Church.

Coker Piedras Negras Mission

Coker sends mission teams to Piedras Negras several times a year. Directors David and Karen Smith say Coker has become part of the House of Mercy family. We give and receive lots of hugs and love from the children. We have worked on construction projects to add dorm space for the 35-45 children calling H.O.M. home. Coker members were able to help with an addition to the Director's house, making space available to meet with social workers, families and a place for private counseling for the children.

Aleluya School and Church is another mission project for the Coker Piedras Negras team. We have helped build classrooms, adding wiring and lighting. Pastor Hector feeds neighborhood children breakfast and lunch. He has started a community outreach program which we support with our donations of food, clothing and dollars. Coker's Boy Scout troop recently set up a hydroponic garden to help with the ever present need for food.

Casa Bethesda, an orphanage for children and adults with disabilities, is another stop for the Coker team. Pastor Paulino provides a loving environment and medical care to an abandoned, neglected community. We bring diapers, food and much needed supplies, but true joy comes from the time we spend with the residents. We color, dance, play ball, blow bubbles and offer lots of loving hugs.

We return to Coker with hearts full of love and tears. The trip is a wonderful way to spend a weekend doing God's work. There is nothing like it. Our next trip is scheduled for October 16-18. Contact Cathie Buxie (494-0169) or Gary Reaves (494-0454) for more information.



Coker Guyana Mission

For the last eight years Coker has been sending mission teams to Guyana, South America to show God's love for the people there and to be His hands and feet through projects and compassion. We have been involved in the construction of a Methodist youth center, made repairs for a senior ladies home, provided materials and supplies for drug and alcohol treatment centers, taught first aid, been involved in construction and support for a home and care center for orphans affected by HIV/Aids, construction and VBS at Hope orphanage, and installation of rain water collection systems and construction of a library for Capoeay Amerindian village.

Coker teams have handed out beautiful handmade dresses and tote bags, Bibles, medicine, glasses, and over one ton of books! We have formed close Christian bonds of fellowship with so many men, women and children. Feeding and ministering to Guyana's homeless was a humbling experience for the most recent team.



Soon plans will begin for the 2010 Guyana Mission trip. We have lots of plans for future projects, security walls for the senior ladies home, construction of dorms for the orphanage, water wells for the Amerindian village and are working on ways to help feed Guyana's street people. Of course we never know what God has in store for us! Whatever it is, it changes our hearts and lives forever. For more information contact Ken & Debra Baker (830-438-2501) or Chris McCabe (494-0277).



Sign up in the Gazebo between services on Sundays, August 9 & August 16

Distribution - Saturday, August 29 8:00-9:30 am (TIME CHANGE)

Christian Assistance Ministry thanks everyone for the generous donations of socks and underwear during June's Undie Sundays. At last count, CAM received 975 items.

The Koinonia Sunday School Class in Wesley 802 accepts donations of undies, socks, and personal care items throughout the year.



Buy a Square Foot and Help a Family in Need.

For just \$50, you can help build Coker's 6th Habitat home and help a San Antonio family in need. Pick up a Habitat House bank and fill it to the roof!



\$ 50 = 1 SQ FT

Music Ministries Registration

Come one, come all! Registration for children, youth and adult Music Ministries will be held in August. If you have thought about being a part of Coker's Music Ministries, look out for the flock of flamingoes and their new special guests hovering around the registration tent by the Wesley Building. Come sing, ring and play with us this fall!



For Adults ...

- Chancel Choir
- Agape Choir
- Hearts In Tune
- Festival Bells Jubilee
- New Star Shining
- Celebrate! Musicians & Singers
- Coker Orchestra
- The Moving Spirit Dancers

For Youth ...

- Sing For Christ Youth Choir (grades 6-12)
- Youth Handbell (grades 6-12)
- Coker Orchestra (grades 9-12)
- Coker Youth Band (grades 6-12)
- The Moving Spirit Dancers

For Children ...

- Coker Young Musicians (4 years-K)
- Coker Children's Ensemble (grades 1-5)

A Note About Children's Music...

We are pleased to announce that our Music Ministry will be working in conjunction with our Children's Ministry for events such as the **Advent Program/ Dinner** and **Children's Sabbath**.

To help facilitate this partnership, **Children's Choir rehearsals, beginning September 13**, will now be held on **Sunday mornings from 10:30-11:00 am** (right after Sunday School) in the Rector Building. Music registration and sign-up will be held on the Wesley Building porch in August.



Children's Choirs

Hearts In Tune — 🎵
will begin fall rehearsals at
10:00 am on Thursday,
September 10th in the Choir
Room.



This adult women's choir shares the love of Christ by singing at nursing homes and senior retirement facilities within a 10-mile range of Coker. Rehearsals are from 10:00-11:00 am on Thursdays. On the Thursdays that the choir sings out, we gather in the choir room at 9:15 am and return by 11:15 am.

If you would like to be a part of this outreach ministry, we would love to have you join us!
For more information: contact Avis Moore, 497-5597 or avismoor@swbell.net.

Sunday

- **HEALTH SEMINAR SERIES**

Information on the various topics can be found in the Health and Wellness article on page 10 in this Courier. The first seminar is *Getting Your Personal Health Information In Order* with Kambi Deuel.

**6:30-7:30 pm in Wesley 703/704; August 16, August 30, October 4 and November 1;
led by various experts in their fields; no fee**

Monday

- **UNITED METHODIST MEN'S BREAKFAST BIBLE STUDY**

The men gather for breakfast, fellowship and scripture study each Monday, as one chapter from the Old and New Testament books are read...a tradition dating back to the mid-1970s. The UMM are encouraged to sign up to pre-read sequential chapters and present a summary/outline of the message. A short round of questions, answers, and comments are then shared.

6:30-8:00 am in Wesley 703; ongoing; no fee

Tuesday

- **DISCIPLE BIBLE STUDY II: INTO THE WORD INTO THE WORLD**

This 32-week study selects specific portions of Scripture and delves deeper into them. Equal attention is given to both the Old and New Testament with concentration on four books - Genesis, Exodus, Luke, and Acts. Participants will read familiar passages, see them in fresh ways, and anticipate that God will speak through them. You must have completed Disciple I to take this class. Limited openings, so please pre-register.

6:30-9:00 pm in Wesley 802; September 8-May 11, 2010; led by Becky Porter & Leanne Estes; fee - \$40

Wednesday

- **SEIZING THE MOMENTS** by James Moore

Life is a series of crucial moments, but because of fear, timidity, or insecurity we often let that moment slip by. We do nothing, miss the moment and regret it. We know we have lost a special moment forever. This author shows how through the miracle of God's grace you can turn your golden opportunities unto realized dreams. Each chapter includes a key passage of scripture and practical suggestions for better daily living.

10:00-11:00 am in Wesley 703; September 9-November 18; led by Jim Alexander; fee - \$13 for book

- **TO LIVE IS CHRIST** by Beth Moore

The study of the life and ministry of Paul. Paul the Apostle to the Gentiles, served faithfully, loved heartily, and demonstrated what it means to die daily, crucified with Christ. Discover a greater appreciation for his unflinching faith and undying devotion to servanthood.

9:30-11:30 am or 12:30-2:30 pm in Upstairs Wesley; weekly; September 9-November 18; led by lay leaders; fee - \$15

- **STUDY OF JOB**

So you think the most patient man in the Bible was Job? It's an urban legend! But if you would like to see for yourself, you are invited to attend Pastor Damon's class on Job. Come learn how *perseverance* was the key for Job, not patience! Seating is limited to 25, so please register early.

3:30 pm in Wesley 806; September 2-November 18; led by Pastor Damon Relder; fee - \$5.00 for book

- **KIDS' WEDNESDAY NIGHT BIBLE ADVENTURE**

Come and see what adventures are in God's book. For K - 5th graders.

**6:30-7:30 pm in Upstairs Rector; weekly;
September 9-November 18; led by Children's Ministries team; no fee**

- **MIDDLE SCHOOL & HIGH SCHOOL BIBLE STUDIES**

To most people, being involved in a church is all about gaining an understanding of God's word and becoming part of a family. This fall join a fun, comfortable environment for our Wednesday night small group Bible studies. Each night will begin with 30 minutes of worship before dividing into small groups. Within the small groups, we will look at moral and Biblical issues that youth deal with on a daily basis. This is a great opportunity to become close with your class mates and gain a better understanding of who God is.

**7:00-8:00 pm in Gibbs Building; weekly;
August 26-November 18; led by Student Ministries team; no fee**

**Register in the Gazebo on Sundays, August 30 and September 6
or in the church office during the week.**

Wednesday continued

• WHAT EVERY CHURCH MEMBER SHOULD KNOW ABOUT POVERTY

Churches are often perceived as open, welcoming environments, and many times that's true. But congregations, without even realizing it, sometimes make themselves inhospitable to people in poverty. This class, based on the book by Dr. Ruby Payne and Rev. Bill Ehlig, will teach about poverty and economic class structures. This knowledge helps in ministering to the poor and making our church friendly to those who live in poverty.

6:30-7:30 pm in Wesley 806; September 9-October 14; led by Pastor Dave Felps with various guest speakers; book is recommended but not required

• UNPLUG THE CHRISTMAS MACHINE: A COMPLETE GUIDE TO PUTTING LOVE AND JOY BACK INTO THE SEASON

Does the thought that, as of August 1st, there are 146 days left until Christmas cause a feeling of dread to come over you? Would you like for your family to celebrate more of the spiritual aspect of Christmas rather than the commercialism? Join us as we come together to learn how to simplify the season and put more meaning into our celebrations.

6:30-7:30 pm in Wesley 802; September 9-September 30; led by Christi Felps; fee - \$5.00

This class will also be offered as a workshop in a comprehensive format on Saturday, October 10, 9:00 am-12 noon

• DIVORCE CARE by Christian Initiative

This successful 12-week class/support group focuses on relationship recovery. Whether the pain is new or old, the goal is to help each individual move toward healing. Each session offers a time for fellowship, a 35-minute video presentation, discussion and support.

6:30-8:30 pm in Wesley 804; September 16-December 16; led by Gail Hatcher, John Wick & Grant Huguenin; fee - \$15 for workbook, scholarship available

Thursday

• WOMEN IN THE WORD

A monthly stand-alone Bible Study. Bring your Bible and enjoy discovering more about THE WORD!

9:30-10:30 am (9:15 for coffee) in Wesley 802; the first Thursday of each month, beginning September 3; sponsored by UMW, led by Pastor Barbara; no fee

• STUDY OF JOB

So you think the most patient man in the Bible was Job? It's an urban legend! But if you would like to see for yourself, you are invited to attend Pastor Damon's class on Job. Come learn how *perseverance* was the key for Job, not *patience*! Seating is limited to 25, so please register early.

6:00 pm in Wesley 806; September 3-December 10; led by Pastor Damon Relder; fee - \$5.00 for book

• GOD'S GOOD GIFTS: A SCRAPBOOKING BIBLE STUDY

Let's Scrapbook for Jesus! Join us as we study God's Word and make a keepsake scrapbook with memories of God's good gifts for our lives. Discover His gifts of yourself, church, home, rest, fun, freedom, family, etc. Cost covers book which includes some templates. You will need pictures each week that relate to the topic and your own scrapbooking supplies.

6:30-8:30 pm in Wesley 704; September 10-November 19; led by Kristy Waltman; fee - \$22.00 for book

• CELEBRATION OF DISCIPLINE: THE PATH TO SPIRITUAL GROWTH

This will be a weekly DVD presentation based on Richard Foster's most acclaimed book by the same name. The curriculum is designed to help Christians experience authentic transformation through engagement with 12 classic Christian Disciplines such as prayer, worship, service, guidance and celebration.

6:30-8:00 pm in Wesley 804; September 17-December 17; led by Carmen and Bob Thompson; Fee - \$5.00 for participant book

Mid-Week Manna

begins Wednesday, September 9

- 5:00-6:30 pm Dinner in Gym, reservations requested
Adults-\$4.00 Children-\$2.00
- 6:30 - 7:30 pm Worship & Study in Coker Chapel
- 6:30 - 7:30 pm Kids' Bible Adventure
- 6:30 - 7:30 pm Various Studies
- 7:00 - 8:00 pm Middle School & High School Bible Studies
- 7:00 - 8:30 pm Chancel Choir Rehearsal

Register in the Gazebo on Sundays, August 30 and September 6
or in the church office during the week.

Stephen Ministers care

Summertime Stress Slowing You Down?

We like to think of summer as being a relaxing, enjoyable time. But hurts, struggles, crises, and problems don't take a vacation. Many times your difficulties seem even worse during the summer because everyone else seems to be enjoying life while you are feeling down. If you are experiencing a difficult time--emotionally, spiritually, or relationally--you don't have to suffer alone.

Our Stephen Ministers are trained caregivers, ready to listen, care for and encourage you, pray with and for you, and provide one-to-one Christian care to help you through whatever it is that you are facing. Men are matched with male Stephen Ministers and women are matched with female Stephen Ministers. It's free. It's confidential. And it will make a difference in your life!

Contact Steve Austin (492-3372) or Peggy Caravantes (408-0767).



Memorials given from June 16 to July 15, 2009 in memory of

Bob Walton—David & JoAnna Hubin, Betty Ann Janert, Hazel Garwood, Bailey & Nada Cook, Ray Praytor

Buddy Hahn (Gus Hahn's brother)—Coker Chancel Choir, Dick & Mary Ann Koon, Colette Miley

Carl Hagle—Charlotte Logan, Jim & Mary Sue Hubbard, Daravene Thomas, Jo Gibbens, Gus & Jean Hahn, Bob & Judy Howen, Jaye C. & Patricia Jarrett

Denson Hinton (Mike Hinton's brother)—Coker Chancel Choir

Evelyn Foster (mother of former Coker member, Nancy Gekas)—Rick & CB Sonntag

Ed James (Jay James' father)—Ernie & Fran Gragg, Paul & Martha Mangum, Jack & Ginny Trawick, Jim & Lynn Hurt

Floreene Murray (Gus Hahn's sister)—Colette Miley

Frances Vordenbaum—Wesley & Jeanette Nail, Michael & Polly Bireley and Mary Anne Watson, Ilafern Bossen, Eleanor Jordan, Renate Mabry, Jo Gibbens, Charlotte Logan, Jim & Mary Sue Hubbard, Dale & Laura Fahner

John Ash—Betty Ann Janert

Marjorie Whitson (Brenda Venable's mother)—Jack & Ginny Trawick, Sue Gibson, Ernie & Fran Gragg, Jim & Lynn Hurt, Jay & Grace James

Margaret Cheline (Bob Cheline's mother)—Jocelyn & Lloyd Miller, Jim & Shirley Adamek, Deac & Jean Davis, Jim & Mary Sue Hubbard, Kathryn Sutton, O. D. & Elsie Lancaster, Jim & Gloria Baker, Questors Class

Marguerite Puck—Betty Ann Janert, Charlotte Logan, Al Stewart, Colette Miley

Mary Jane Smallwood (Dennis Davis' mother)—Jay & Grace James, Jim & Lynn Hurt, Jack & Ginny Trawick

Scott Matkin's mother—Mike & Laverne Hinton

Patricia A. (Pat)Taylor's parents—Pat Taylor

Avis Moore's parents—Avis Moore

Thank you for your memorial gifts.
Giving to the Coker UMC Memorial Fund
is a wonderful way to remember a friend or a loved one.





Health & Wellness

Health Seminar Series Begins

Sundays at 6:30 pm, Wesley 703/704

According to the results of the Coker Needs Assessment 2009 in all age groups, Nutrition and Fitness were of greatest interest. The Health and Wellness Committee is proud to kick off our first annual Health Seminar Series with four programs we hope will lead you to healthier living and a longer life. We have chosen First Sunday Evenings (mostly) as our designated time slot and hope you will save that time on your calendars. We promise our programs will be worth your time! Check online at www.coker.org/wellness/seminar.

August 16 - Getting Your Personal Health Information in Order

This will help participants think about organizing and compiling their personal health information (similar to the "putting your financial house in order" seminars done a couple of years ago) into a concise form that can be taken to a doctor's appointment. Come and learn some tips about how to compile your Personal Health Record (PHR), and how to maintain a PHR for each family member.

Kambi Deuel, RHIA, CCS-P, CPC - received BS in Health Information Management (HIM) and has over 25 years experience in HIM, auditing, and coding.

August 30 - Nutrition: Therapeutic Lifestyle Changes

...or call it Eating for Health. What diet or lifestyle changes can give you the greatest "bang for your buck"? We will look at eating for health, not dieting! "It is easier to maintain good health through proper exercise, diet and emotional balance than it is to regain it once it is lost," said Dr. Kenneth Cooper.

Denise C. Sprague, M.S. Nutrition, Registered Dietitian, Certified Diabetes Educator

October 4 - Nutrition: The Next Generation!

This seminar will look at preventing diabetes. If you are at risk or have a family history of diabetes (mother, father, sister, brother, grandmother, grandfather, aunt, uncle, child) this is the class for you. Are you in danger of developing diabetes? If so, what can you do about it?

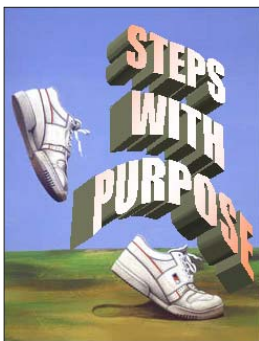
Denise C. Sprague, M.S. Nutrition, Registered Dietitian, Certified Diabetes Educator. She has worked at BAMC developing and teaching the Diabetes Self-Management Education Program since its inception and has 20+ years experience in teaching about nutrition in diabetes and heart disease.

November 1 - Nutrition: How Safe Is Your Food?

An overview of food safety concerns including how to prepare and store food, protecting your food, and prevention of food-borne illness. Additionally participants will be introduced to microbes in food, pathogens, food additives, and current issues with our food supply. Anna Bustamante, B.S., M.Ed., PhD candidate working on her dissertation at Texas State University focusing on health-related fitness and chronic disease. She is currently Department Chair and Assistant Professor for The Department of Kinesiology & Health at Palo Alto College.

Blood Pressure Coordinator and Volunteers Needed

The Health & Wellness Committee is currently searching for a Coordinator for monthly blood pressure screenings along with volunteers to help on a month-to-month basis with the screenings. More information is available at www.coker.org/wellness/bp. Call Sherry Hatcher at 490-0582 or email suburbanmom511@satx.rr.com.



Are You Ready to Step Into Better Fitness?

Announcing "Steps With Purpose" - a program to organize family friendly walk opportunities for all age and ability levels to promote fitness, fellowship, and mission.

Next events:

- Aug. 21, Friday, 8:00 am - North Star Mall 1 mi., (inside/easy)
- Aug. 29, Saturday, 8:00 am - Hill Country Village/ Hollywood Park Loop 10K (moderate)

There is no fee to participate; the events are open to all so invite your friends! If you are interested, please call Nancy Canavera at 865-0025 or email tcanavera@satx.rr.com. For more detailed information, visit the Health & Wellness page under Groups & Ministries on our website www.coker.org.



Sunday, August 16
7:30 am-1:00 pm
Mobile Unit in the
parking lot

Please consider donating. If you would be interested in volunteering to take reservations, please contact Sharon Ford at 545-0076 or email ssgford@earthlink.net.

August Nutrition Hint

For extra nutrients under those toppings, next time make your salad healthier by adding:

- **Watercress** which is high in iron, calcium, phosphorus, potassium, and lutein, and may protect against carcinogens in tobacco.
- **Arugula** which belongs to the cruciferous vegetable family known to help protect against prostate, breast and colon cancer.
- **Spinach** which is high in iron, vitamin C and magnesium and may slow mental decline.



Bon Appetite!!

Summarized from Los Angeles Times/Liz Baylen

Worship and Prayer

Saturday, August 1

Communion
5:00 pm in Chapel

Sunday, August 2 9th Sunday after Pentecost

8:15, 9:30 & 11:00 am Communion
Services in Sanctuary

Celebrate! 11:00 am in Upper Room

+++++

Saturday, August 8

5:00 pm in Chapel

Sunday, August 9 10th Sunday after Pentecost

8:15, 9:30 & 11:00 am Worship Services
in Sanctuary

Celebrate! 11:00 am in Upper Room

+++++

Saturday, August 15

5:00 pm in Chapel

Sunday, August 16 11th Sunday after Pentecost

8:15, 9:30 & 11:00 am Worship Services
in Sanctuary

Celebrate! 11:00 am in Upper Room

Saturday, August 22

5:00 pm in Chapel

Sunday, August 23 12th Sunday after Pentecost

8:15, 9:30 & 11:00 am Worship Services
in Sanctuary

Celebrate! 9:30 begins & 11:00 am
in Upper Room

+++++

Saturday, August 29

5:00 pm in Chapel

Sunday, August 30 13th Sunday after Pentecost

8:15, 9:30 & 11:00 am Worship Services
in Sanctuary

Celebrate! 9:30 & 11:00 am
in Upper Room



August Prayer Focus

Finally, all of you should be of one mind. Sympathize with each other. Love each other as brothers and sisters. Be tenderhearted, and keep a humble attitude. 1 Peter 3:8 (NLT)

Monday

As this week begins, we ask for your blessings, O God. Let us walk with you each day.

Tuesday

Father, lead me to those whom I have the capacity to help. Equip me to do your will.

Wednesday

Master, please work through me for others as you work through others for me.

Thursday

Pour out your Holy Spirit on us, your community of believers, that we will remember "whose" we are.

Friday

Mend our hearts, Abba, so we can join together in Your name.

Saturday

Love, Live, Laugh...Often!

Sunday

Let us live our lives as offerings to you, Magnificent One.

DIAL-A-PRAYER: 979-2654

Hear a new prayer of comfort and encouragement each day of the week. **Prayer Room in Sanctuary's Narthex open daily**

Come Celebrate!

Starting August 23rd, just in time for the back to school push, there will be two opportunities to worship in the Celebrate! style. We are starting a second service at 9:30 on Sunday mornings in the Upper Room of the Gibbs Building. Come and join us at 9:30 or 11:00 as we celebrate the presence of the risen Christ in a relaxed, informal atmosphere with fantastic praise music, prayer, and an experience in the living Word of God.

To support the new service, a new SUNDAY SCHOOL CLASS will begin at 11:00 am in Wesley 802 called *One in the Spirit*. More details coming soon.



Healing Service

Monday, August 3
7:00 pm in Coker Chapel

Come... watch... sing... be silent or participate... pray... be still and know... share the sacrament of Holy Communion... invite a friend... pray for others... witness and share the compassion of Christ.

Healing & Wholeness Ministry

YOU are Encouraged to Worship at an Emmaus-Sponsored Service Sunday, August 9th



Whether you have ever been to an Emmaus-sponsored worship service or not, **YOU are invited to worship** with the Coker Emmaus Community **Sunday, August 9th**. You do not have to have been on a Walk to Emmaus to participate.

Refreshments at 5:30 in Wesley 703-704. **Music and worship** begins at 6:00 in the Sanctuary. The Northern Hills Praise Band will provide the music. The **Speaker** will be Todd Clark. Pastor Barbara will celebrate Holy Communion. Child care will be provided in the Wesley Nursery.

We will be blessed.

August 2009

Each Week:

SUNDAY

- 7:00-9:30 am - Breakfast (resumes 8/23)
- 7:40 am - Agape Singers
- Worship - 8:15, 9:30 & 11 am in the Sanctuary; Celebrate! at 9:30 (begins 8/23) and 11 am in the Upper Room
- 8:15 am – Men’s Breakfast Club
- 9:30 am - Sunday School for all
- 11 am - Prayer Group
- Youth Activities begin Aug. 23
- 5:30 pm - Youth Dinner
- 6 pm - Middle & High School CSM Youth Fellowship

MONDAY

- 6:30 am – UMM Breakfast & Study
- 9 am – Co-ed Exercise
- 7:00 pm - Al-Anon Group

TUESDAY

- 7 pm – AA Group

WEDNESDAY

- 9 am – Co-ed Exercise
- 7 pm - “Ignite” CSM Youth Bible Studies & Worship
- 7 pm - Chancel Choir rehearsal

THURSDAY

- 11:30 am - Lunch-Time Bible Study
- 6 pm - S-Anon Group (12-step program for families of sex addicts)
- 7 pm - Celebrate! rehearsal
- 7 pm - Al-Anon Group

FRIDAY

- 9 am – Co-ed Exercise
- 5 pm - Overeaters Anonymous Group

SATURDAY

- 10 am - Parents of Adult Children with Addictions group
- 5 pm – Worship Service

CSM - Catalyst Student Ministries

Please note that committee meetings are listed in the Sunday Connection calendar.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 •Communion
2 •Communion •Angel Food sign up	3 •7:00 pm-Healing Service in Chapel  Middle School Mystery Trip	4 •6:30 pm-Down Syndrome Support	5	6 •10:00 am-2:00 pm -Children's Summer Fun Day •11:30 am-Senior Adult Fellowship •6:30 pm-Wurzbach Pkwy Public Meeting	7	8 •Mission Moment
9 •Mission Moment •Angel Food sign up •Choir registration •5:30 pm-Emmaus Gathering •6:00 pm-Emmaus-Led Worship	10 •10:00 am-Prayer Shawl Coffee	11	12	13	14 •8:00 am-CALLL outing to IMAX	15 •Blood Pressure checks after worship
16 •Blood Drive •Blood Pressure checks •Choir registration •12:30 pm-Child/Youth Safety Class	17 •Middle School outing	18 •10:00 am-Care Caps Ministry	19 •8:00 am-High School Mystery Trip	20 •10:00 am-2:00 pm-Children's Summer Fun Day	21	22
23 •7:00-9:30 am-Breakfast resumes •Promotion Sunday for Children & Youth •9:30 am-Celebrate! Worship begins •Choir registration •12:15 pm-Acolyte Training •5:30 pm-CSM Youth activities begin	24 •NEISD School starts	25	26	27	28 •9:30 am-CALLL Brown Bag Lunch/Games Day	29 •8:00-9:30 am-Angel Food Distribution 
30 3rd Grade Bible Presentation •Choir registration •12:15 pm-Acolyte Training	31					

Joys

Congratulations

- Annie & Neil Viers on the birth of their son, Vincent Kellen, 7/8

Thank You

- From Jane Robichaux & family - Our heartfelt thanks to the pastors and congregation for your prayers and condolences in our sudden loss.
- From Joyce Hagle & family - Thank you for the cards, calls, prayers, and love, and for the hospital visits by Stephen Ministers and pastors. And thank you to Pastors Barbara and Sharon for the beautiful service for my husband Carl. I feel blessed to be a Coker member.
- From Laura Rogers - Thank you for all the prayers and visits during Charles' stay in the hospital. We are thankful for our wonderful class, the Becomers, for their support during this time. Please continue prayers for healing.

Baptism

Sarah Carolina Escamilla



From Rev. Bob & Irene Allen ...
Rev. Missy Allen married Rev. Ryan Jenson on May 23 at First UMC in Austin.

Missy received love, encouragement, and support in her years at Coker and even when she went to college and seminary. She is associate pastor at Lake Travis UMC in Austin, and Ryan is associate pastor at San Marcos First UMC.

Hospitals & Rehab

- St. Luke's Baptist - Patricia Schumacher
- Methodist - Charlie McLane
- Methdist - Alyssa Klaus
- Stone Oak Methodist - Joan Brannon

Sympathy

- Scott Matkin & family on the death of his mother 6/19
- Bob Cheline & family on the death of his mother, Margaret Cheline, 6/21
- Brenda Venable & family on the death of her mother, Marjorie Whitson, 6/30
- Jean Ash & family on the death of her husband, John Ash, 7/4
- Jay James & family on the death of his father, Ed M. James, 7/4
- Dennis Davis & family on the death of his mother, Mary Jane Smallwood, 7/7
- Carol Blattner & family on the death of her mother, Mabel Alvin, 7/20
- David Stone & family on the death of his cousin, Tim Eldridge

Church Office open
Monday-Friday, 8:30 am - 5:00 pm
494-3455
DIAL-A-PRAYER ... 979-2654

Emergencies after hours or on weekends:

- Pastor Barbara R. Galloway...896-5085
- Pastor Damon Relder... 542-6068
- Pastor Dave Felps ... 262-8465
- Pastor Dave Collett ... 899-5903

If you are unable to reach a pastor in case of an emergency, please contact another pastor.

Presence

June 13 & 14	
Worship-833	Sunday School-457
June 20 & 21	
Worship-872	Sunday School-398
June 27 & 28	
Worship-857	Sunday School-451
July 4 & 5	
Worship-785	Sunday School-425
July 11 & 12	
Worship-919	Sunday School-499

Gifts...as of June 30, 2009

	Month	YTD
Income	\$ 157,874	\$ 1,250,811
Expenses	- 211,396	- 1,212,155
Balance	\$ - 53,521	\$ 38,656

June Mission Moment
P.E.T. Project ... \$3,186



Contact Betty Sheaffer at
494-3455, ext. 233 or e-mail
betty.sheaffer@coker.org.

RECYCLE!

Recycling benefits both the environment and your church. Our two paper recycle bins are in the parking lot near the Annex. Remember - no cardboard. Also there are containers around the campus for toner cartridges.



Jeff & Renee Garvens
Lillian, Otto & Henry

Melinda Boner

Gene & Ernestine
"Brownie" Ivey



Events

Ignite Wednesday Night Bible Studies

Join us each Wednesday evening in the Upper Room at 7:00 pm for Bible study and worship. For the glory of God we will pray, sing, and hear His Word spoken through scripture. Great way to spend a summer evening.

Middle School Mystery Trip – Cost \$25

Monday, August 3 from 8:00 am to Tuesday, August 4 at 8:00 am. Sign up at the Middle School table. **Money and forms are due NOW**

Middle School Outing

Monday, August 17. Watch for details.

High School Mystery Trip – Cost \$20

Wednesday, August 19 from 8:00 am to 8:00 pm. Come spend a day in fellowship with others. Money and forms are due by August 16.

Fall Kickoff – August 23, 6:00-8:00 pm

Plans are in the works for a great evening of food, fun and fellowship.. Come bring a friend to join Catalyst Student Ministries.



Wednesday Night Bible Studies

Looking for a place to get connected with a small group? Join the youth on August 26 from 7:00-8:00 pm. We will be returning to our small group format for Bible Study

College Age Bible Study moving to Sunday nights

Fellowship and dive into the word with others on Sunday evenings at 7:00 pm. Location is the home of Matt Curtis – 14802 Personality Drive, 78248. Contact the Student Ministry office for further information.

High School and Middle School mission outing scheduled for Thursday, August 6th has been cancelled.